

KIRKLEES HEALTH & WELLBEING BOARD	
MEETING DATE:	18th January 2023
TITLE OF PAPER:	KHWS Priorities – Mental Wellbeing Update
1. Purpose of paper	<p>To provide an update to the Health and Wellbeing Board (HWBB) on the Kirklees Health and Wellbeing Strategy (KHWS) priority of ‘Mental Wellbeing.’ To discuss delivery and proposed plans, against this priority and to use the update as an opportunity to raise the strategic profile of mental wellbeing across the partnership and help to unblock any barriers to delivery.</p>
2. Background	<p>This is the first update following the item which was brought to the HWBB on 24th November, where there was an agreement to support the proposed approach to implementing the KHWS. The Board has set an expectation that having set the strategic direction through the KHWS, partnerships and partners take responsibility for delivery and the Board will receive regular updates on delivery of each of the KHWS priorities.</p>
3. Proposal	<p>We would like the HWBB to help shape the response in delivery against this priority and endorse proposals discussed. Our presentation to the HWBB on 19th January will provide:</p> <ul style="list-style-type: none"> - An overview of the priority and what outcomes it contributes to - An overview of what is already in progress - An overview of what’s in scope - An overview of what we want to address - An opportunity for discussion for how the HWBB can help us to achieve these <p>3.1. What progress has been made against this specific commitment?</p> <p><i>What are local partners going to do?</i></p> <p>Much work is already ongoing against this section of the KHWS, including:</p> <ul style="list-style-type: none"> - Development of a children and young people’s emotional health and wellbeing partnership, focusing on early intervention and prevention for mental health and protective factors for mental health - Commissioning of a bespoke suicide prevention training package to be delivered for free to partners who come into contact with those most at risk of suicide - Strengthening the way ‘experts by experience’ are influencing decisions about local activity - Commissioning of local groups to develop mental health anti-stigma-based campaigns - Ensuring that grant opportunities offered via the Council are supportive of this priority in terms of protective factors for mental wellbeing - Ensuring that patient stories are part of each MH Alliance meeting - Extending the commission of KOOTH to reach those up to age 25 for safe and anonymous support for mental health

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Delivery on the 'I' Statements

- Partnership working to develop a training package titled 'Mental health for you and others' with Wellness Service and Public Health
- Development of the primary care mental health transformation, adding resource to support for people and their mental health in communities
- Development of a new mental health website for Kirklees 'open up' making it easier for residents to find self-help and access to support in one place

Consideration of the factors that make a difference to our wellbeing, both positively and negatively

Inequalities and Inclusion: we know from CLiK (2021) that there is a 13.6% gap between those in the most deprived quintile of Kirklees and the least deprived quintile who rate their health as good/very good. We also know there is a 13.7% gap between the most and least deprived quintile with those who report having a mental health condition. We know that people with a mental health diagnosis, on average, die 15 years early than someone without.

Early discussions with public health and transformation leads regarding inclusive communities. The theme for inequalities is a golden thread through all the programmes in the mental health portfolio.

Poverty: Embedding mental wellbeing support as part of council cost of living response. Partnership working with 'The Bread and Butter Thing' and mental wellbeing team and integration into the Kirklees poverty partnership. Grant funding to support projects related to financial difficulties and mental wellbeing.

Digital: 24-hour MH helpline, Grief and Loss Service available via text, Kooth and recent extension up to age of 25.

3.2. What are the current challenges?

Workforce and recruitment challenges across all health and social care sectors

Inflationary pressures and budgetary restraints will encourage the development of creative solutions to ensure resources are efficiently deployed.

Growing demands and pressures on services.

Central funding for Suicide prevention wave funding coming to an end and concerns over the impact this may have in terms of place based and community suicide prevention activity.

3.3. What can the HWBB or other partners do to help?

- consider how they can contribute to achieving this priority so there is implementation across the Kirklees system
- consider their role as a provider and as an employer in terms of implementing the priority

4. Financial Implications

None at this stage.

5. Sign off

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Rachel Spencer-Henshall, Strategic Director of Corporate Strategy, Commissioning and Public Health, Kirklees Council -TO DO

6. Next Steps

- Embed 'I' Statements within the MH Alliance ToR
- Agree within the MH alliance a systematic way of routinely monitoring delivery against this KWHS priority
- Agree periodic 'check ins' with the HWBB as a mechanism to monitor implementation

7. Recommendations

The Kirklees Health and Wellbeing Board is asked to:

- comment on and help shape the direction of delivery against the mental wellbeing priority
- consider how Board members can support the delivery against the mental wellbeing priority

8. Contact Officer

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