

**Name of meeting:** Health and Adult Care Social Care Scrutiny Panel

**Date:** Tuesday 6 November 2018

**Title of report:** South West Yorkshire Partnership NHS Foundation Trust update on Mental Health Services

**Purpose:** to provide the panel with an update on mental health services across Kirklees, including CAMHS, Adult ADHD, Out of area and Transformation.

## **1. Children Adolescent Mental Health Service (CAMHS)**

- 1.1 Referral rates for generic CAMHS continue to increase and this is reflective of the national picture. At the end of September 2018 there were 63 children and young people waiting for treatment, with an expected average waiting times of up to three months.
- 1.2 Numbers of children waiting for Attention Deficit Hyperactivity Disorder (ADHD) has increased as a consequence of increasing referral rates. Autistic Spectrum Condition (ASC) diagnostic assessment waiting numbers have improved. At the end of September 2018 there were 200 children and young people waiting for treatment.
- 1.3 As part of the Thriving Kirklees service, which incorporate Locala as lead provider and then sub-contractors of SWYPFT, Northorpe Hall and Yorkshire Children's centre, the whole of the ASC service was re-modelled with extra resources put in for the first 12 months.
- 1.4 This was due to the need to reduce waiting times for families requiring an ASC assessment. We have moved from offering 4 assessments a month to 24 and completing these assessments via a multi-disciplinary clinic based approach to prevent families having to attend numerous appointments with the different professionals involved in the process.
- 1.5 Kirklees CAMHS services are also in the process of developing a neuro developmental pathway which should improve the assessment process for the children who are not only awaiting an ASD assessment but also those waiting an ADHD assessment.

## **2. Adult ADHD**

- 2.1 In April 2017 there were 263 people on the waiting list, we've worked closely with commissioners and agreed a reviewing process in June 2017 to identify "live" cases, on completion of the review 103 people remained on the waiting list. We continue to receive a flow of referrals and as of September 2018, there are 206 people in total on the waiting list, this does not include children in transition to adulthood or those individuals already taking medication.

2.2 The service receives an average of 10 referrals per month from the two Kirklees CCGs (120 per year) which commission a capacity of 66 cases for diagnosis and treatment. A disproportionate amount of referrals 10% comes from the University Health Centre.

2.3 The Trust is actively managing the waiting list and prioritising cases based on clinical need, we recognise there is a gap between commissioned activity and demand and are continue to support commissioners to find a solution for this. We believe this is a serious issue and as such it is captured on the corporate risk register and now reported to our Clinical Governance Clinical Safety Committee.

2.4 The clinical pathway which has been commissioned is consistent with what is recommended by the NICE Guidance NG87 for people until the age of 25; people over that age receive a trimmed down pathway consisting only of pharmacological interventions.

### **3. Out of area beds**

3.1 The use of out of area adult acute inpatient beds remains a significant concern for the trust and Kirklees in particular. We note recently that 60% of our admissions from Kirklees to hospital are people who aren't already engaged with mental health services. The Trust is working with clinicians and our commissioners to understand how we can make further improvements to our care pathways to reduce the reliance on out of area placements

### **4. Transformation**

4.1 Earlier this month we started a reviewing exercise to understand the impacts of transformation, we'll report on this when complete.

#### **Contact Officer**

Tim Breedon  
Director of Nursing and Quality  
Deputy Chief Executive  
[Tim.breedon@swyt.nhs.uk](mailto:Tim.breedon@swyt.nhs.uk)

Mike Doyle  
Deputy Director of Nursing and Quality  
[Mike.doyle@swyt.nhs.uk](mailto:Mike.doyle@swyt.nhs.uk)